



Wu Wei Cup

Rules Quick View

Rules Forms

Taolu / Bare hands- and weapon forms

Clothes: Traditional Chinese uniforms ONLY, indoor sport shoes

Time: Minimum 4 minutes - maximum 5 minutes (Exception: WuBuQuan and weapons : maximum 5 minutes no minimum time)

Competition area: 4 x 8 meters

Judges can award upto 40 points for the complete presentation. Four parts each covering one to ten points:

Legwork / Stances / Transitions:

- Secure, exact stances
- smooth transitions

Expression / Eyes / Breath:

- Look and expression
- Sensible breathing
- Flow of Qi during techniques

Precision of technique / weapon:

- Exact execution of techniques
- Harmony of upper body and legs
- Change between Yin and Yang
- Interaction of body and weapon

Level of difficulty of techniques:

- Complexity of form and techniques

To include the experience level of the contestant the judges add fixed points according to the particular class:

upto 2 years experience	100
2- 5 years experience	200
upto 15 years experience	300
more than 15 years experience	400